



Welcome to Modu!

ABOUT MODU

PROGRAMS

Martial Arts
After School
Summer Camp
Private Lesson
Birthday Party
Movie Night

SAFETY GEAR



**‘MODU’ IS A KOREAN WORD,
MEANS 'EVERYONE', 'ALL TOGETHER'
& ‘Martial Arts Of Durham’
‘We can be stronger together!’
‘A Black Belt is earned, not purchased.’**

Taekwondo Benefit

- Courtesy
- Responsibility
- Cooperation
- Indomitable Spirit
- Leadership
- Discipline
- Self-Control
- Confidence
- Respect
- Perseverance
- Courage
- Integrity
- Goal setting
- Focus

Taekwondo Facts

- * Tae Kwon Do is one of the most popular martial arts in the world.
- * **“TAE”** means feet
“KWON” means fists
“DO” means the way of combining one’s mind and body.
Tae Kwon Do, putting all these words together, means the art of kicking and striking.
- * Tae Kwon Do is an art of self-Defense without weapons, requires both mental and physical training.
- * One of two martial arts that is in the Olympic.
- * Four curriculum: Poomsae, Sparring, Breaking, Self-defense



TINY CUBS & LITTLE BEARS

*Age 2.5 ~ 6

*Life skills(Focus, Balance, Discipline, Respect, Memory, Patience, Self-control) training with a partial taekwondo curriculum

*Belt promotion test every 2-5months

*Graduate when turn 1st grade or Green belt

Jr. Bears

*Age 6 ~ 12

*5 Basic Tenets of Taekwondo (Courtesy, Integrity, Self-Control, Perseverance, Indomitable Spirit)

*Build strength and Flexibility

*4 main TKD curriculum: Poomsae, Sparring, Breaking, Self-defense

*Belt promotion test every 2~4months

Teens & Adults

*Age 13 and up

*5 Basic Tenets of Taekwondo (Courtesy, Integrity, Self-Control, Perseverance, Indomitable Spirit)

*Fitness and Weight Loss Training

*4 main TKD curriculum: Poomsae, Sparring, Breaking, Self-defense

*Belt promotion test every 2~4months

LEVEL UP

No belt - Beginner – Intermediate – Advanced – Black Belt



LITTLE BEARS & TINY CUBS BELT SYSTEM

	White Belt (2mo, 16classes)
	White Belt Yellow Stripe (2mo, 16classes)
	White Belt Orange Stripe (3mo, 24classes)
	White Belt Green Stripe (3mo, 24classes)
	White Belt Blue Stripe (3mo, 24classes)
	White Belt Red Stripe (3mo, 24classes)
	Yellow Belt (4mo, 30classes)
	High Yellow Belt (4mo, 30classes)
	Green Belt (5mo, 36classes)

* Little Bears: White Belt Green Stripe to Yellow Belt

* Tiny Cubs: White Belt Red Stripe to Yellow Belt

* Earn 8 life skills stripes through the classes

Focus / Teamwork / Control / Balance / Memory / Fitness / Coordination / Confidence

Two of any life skill classes to earn a stripe (2 focus classes for focus stripe)

* Earn DISCIPLINE stripe individually before testing

* Private Testing day: Schedule with Masters



BELT SYSTEM

Beginners		White (2mo, 16classes)
		High White (2mo, 16classes)
		Yellow (2mo, 16classes)
		High Yellow (2mo, 16classes)
Intermediate		Green (3mo, 24classes)
		High Green (3mo, 24classes)
		Blue (3mo, 24classes)
		High Blue (3mo, 24classes)
Advanced		Red (4mo, 30classes)
		High Red (4mo, 30classes)
		Deputy (5mo, 40classes)
		Black Belt (1 st D ~ 9 th D)

- * Sparring gear needed from Green belt (only purchased from MODU)
- * 4 curriculum (poomsae / sparring / breaking / self-defense) stripes needed for belt promotion test (earn the stripes by semi-test)



TUITION PLAN

◆ Family Discount

10% off additional members

◆ Registration Fee → \$ 100 (one time fee)

Including a uniform & a t-shirt

Program		Once a week	2 times a week	3 times a week
Monthly	Beginner	\$140 (\$35/class)	\$179 (\$22/class)	\$229 (\$19/class)
	Intermediate	\$160	\$199	\$249
	Advanced	\$180	\$219	\$269
Private Class		\$50 per 30minutes class		
		\$90 per 60minutes class		
Testing Fee		\$60 for Group testing \$70 for Private testing		

***Pay in full available for 6months term: 10% off the full price**

*Beginner: White ~ High Yellow

*Intermediate: Green ~ High Blue, starting sparring training

*Advanced: Red and up, starting weapon training



SUMMER TKD TUITION PLAN FOR AFTERSCHOOL MEMBERS

◆ Family Discount

10% off additional members

Program		Once a week	2 times a week	3 times a week
Monthly	Beginner	\$140 (\$35/class)	\$179 (\$22/class)	\$229 (\$19/class)
	Intermediate	\$160	\$199	\$249
	Advanced	\$180	\$219	\$269
Weekly	Beginner	\$40	\$50	\$63
	Intermediate	\$45	\$55	\$68
	Advanced	\$50	\$60	\$73

*Beginner: White ~ High Yellow / Little Bears

*Intermediate: Green ~ High Blue, starting sparring training

*Advanced: Red and up, starting weapon training



AFTER SCHOOL PROGRAM

◆ BENEFITS

- Healthy environment, experienced and caring instructors
- Staff ratio to students 1:13
- Transportation Provided
- Supervised homework
- Daily worksheet by grade
- Offer daily snack
- Reading and study time
- Taekwondo classes
- Most reliable facility for the students.
- Early release days : No extra costs!

◆ Schedule

Mat Time 2:30-3:30 / Snack 3-3:45 / Homework & Reading 3:45-4:45
/ Taekwondo Class by level 4-6 / Playtime (No TKD day) 4:45-6

◆ PARENTS NOTICE

- *They can bring their own book every day.
- *They need to bring their own water bottle.
- *Don't forget to bring their uniform when they take TKD class.
- *Please let Modu knows for kid's absence
- *No nuts please



AFTER SCHOOL PRICE

Afterschool Care 2:30pm ~ 6pm	Day Camp 7:30am ~ 6pm
TKD included, Pick up service from school, afternoon activities, extra study time	Group games, board games, Electronic time, arts & crafts Pack own lunch and snacks
4 or 5-day \$130 / week 3-day \$110 / week 2-day \$80 / week 1-day \$45 / week	<u>4 or 5day member \$49</u> <u>2 or 3day member \$79</u> <u>Non-ASP member \$89</u>
<u>Exclude school seasonal break, holidays and teachers workdays</u>	
<ul style="list-style-type: none"> ● Only 5-day program ● Additional children will get 10% off of the regular price 	

- Healthy environment, experienced and caring instructors
- Staff ratio to students 1:8
- Transportation Provided
- Supervised homework
- Daily worksheet by grade
- Offer daily snack
- Reading and study time
- Taekwondo classes
- Most reliable facility for the students.
- Early release days : No extra costs!



SUMMER CAMP RATES

◆ Special Discount

1. Sibling discount : \$20 off additional members
2. No sibling discount for 1-day camp
2. Full payment: ALL 10 weeks only, 10% off

◆ Registration Fee → \$ 100.00 (one time fee)

FULL DAY 7:30am ~ 6pm

5-day Only	1~4weeks	5weeks +
Current TKD/AMP Member	\$320	\$310
Non-Member	\$350	\$340

***Sibling discounts: \$10 off per child per week**



SPRING/FALL/WINTER CAMP RATES

◆ Special Discount

Sibling discount : \$10 off every additional members

	5-day	4-day	3-day	2-day	1-day
Member	\$320	\$270	\$215	\$145 (+\$10 field trip)	\$79 (+\$10 field trip)
Non-member	\$350	\$295	\$235	\$165 (+\$10 field trip)	\$89 (+\$10 field trip)

DAY CAMP RATES

	Day camp	With ASP
Member	\$79	See the afterschool chart
Non-Member	\$89	N/A

* Field Trip fee may be extra



FOR YOUR BEST DAY

CLASSIC

- 90minutes private party
- Taekwondo class
- Game time
- Party room for cake
- Plastic utensils
- Paper plates

SATURDAYS \$300

SUNDAYS \$325

DELUXE

- Everything in the CLASSIC
- Wood board breaking for all guest

SATURDAYS \$350

SUNDAYS \$375

ULTIMATE

- Everything in the Deluxe
- Taekwondo Demonstration
- Balloons
- Extra 30minutes of play time

SATURDAYS \$450

SUNDAYS \$475

Party packages are up to 15 kids

*To have up to 25kids, Extra \$50 will be apply



MODU MARTIAL ARTS DURHAM, NC

SAFETY GEAR



Sparring gear bag
\$55.00



Chest gear
\$50.00



**Head gear with
face shield**
\$55.00



Gloves
\$30.00



Arm gear
\$40.00



Groin cup
(Male students only)
\$25.00



Shin & Instep guard
\$45.00

Male Full set \$270 + tax (regular price \$300)
Female Full set \$248 + tax (regular price \$275)

Everyone need own gears from Green belt.

***** ALL TKD ITEMS MUST BE PURCHASED FROM MODU**